

2011 Performance Training  
Schedule  
1/11/2011

	Monday	Team	Tuesday	Team	Wednesday	Team	Thursday	Team
4:30-5:30	Katie Martin	15 Blue	Bailey Springer		Anna Walton			
	Cathy Williams	15 Blue	Mayia Burns					
	Loren Williams	15 Black						
	Jessica Krugler	13 Advantage						
	Jacqueline Vernor	15 Black						
	Katie Krebs	14 National						
	Halle Williams	15 Blue						
						Taylor Gruenewald: 5-6pm Katie Dunlap: 5-6pm	16 Black	
5:30-6:30	Emma Smith	14 Blue	18 VBR Black		Taylor Gruenewald: 5-6pm	16 Black	17 VBR Black	
	Paige Panter	14 Blue	18 VBR Black		Katie Dunlap: 5-6pm	16 Black	17 VBR Black	
	Tyler Lucas-Ping Lesson?	14 Blue	18 VBR Black		Chloe Nichols	15 Blue	17 VBR Black	
	Adrienne Avalos	15 Advantage	18 VBR Black		Kendall Kazor	15 Black	17 VBR Black	
	Sophia Sheehan	14 National	18 VBR Black		Hannah Nelson	16 Advantage	17 VBR Black	
	Madeline Gonzalez	14 National	18 VBR Black		Maddison Moad	16 Advantage	17 VBR Black	
	Delaney Duis	13 Blue	18 VBR Black		Anna McGee	18 Black	17 VBR Black	
	Danna Swayden		18 VBR Black				17 VBR Black	
			18 VBR Black				17 VBR Black	
			Malery Wahlin	15 Black			17 VBR Black	
		Courtney Rupp	18 Molten			17 VBR Black		
		Christen Sikora	15 Black			Cassie Kit	15 Advantage	
						Sarah Poole		
6:30-7:30	Jenna Allen	17 Blue	16 VBR Blue		Carly Morris	15 Blue	Shane Peters	16 Black
	Haley Matocha	17 Blue	16 VBR Blue		Kamille Jones	16 Advantage	Liz Thessfeld	18 Black
	Erica Bohannon	16 Black	16 VBR Blue		Rachael Meyers	16 Advantage	Isabel Gonzalez	12 Black
	Regan McGuire	16 Black	16 VBR Blue		Lauren Cooper	16 Advantage	Jordon Piper	18 Molten
	Maggie Joyce	16 Black	16 VBR Blue		15 VBR Blue			
	Cassidy Pickrell	14 Black	16 VBR Blue		15 VBR Blue			
	Ivy Baresh	17 Blue	16 VBR Blue		15 VBR Blue			
	Kat Minnerly	17 Blue	16 VBR Blue		15 VBR Blue			
	Ebony Nwanebu	16 Black	16 VBR Blue		15 VBR Blue			
	Morgan Allred	17 Blue	16 VBR Blue		15 VBR Blue			
		16 VBR Blue		15 VBR Blue				
		Sherilyn Hardy	15 Club	15 VBR Blue				
		Cassidy Riza	15 Advantage					
		Gabby Love	14 National					
	Hannah Holloway	15 Blue	18 VBR Blue		14 VBR Black		13 VBR Black	
			18 VBR Blue		14 VBR Black		13 VBR Black	
			18 VBR Blue		14 VBR Black		13 VBR Black	
			18 VBR Blue		14 VBR Black		13 VBR Black	
			18 VBR Blue		14 VBR Black		13 VBR Black	

