



Advantage Sports  
Texas Advantage  
[www.ascvb.com](http://www.ascvb.com)

**TAV WINS 2 GOLD MEDALS !!**  
*15 Asics and 14 Asics Win National Championships!*  
*15 Molten Grabs Silver Medal!!*  
*18 Molten Scores Bronze Medal!!*

**August 2009 Update!**

**Congratulations to all the players and teams that participated in the Junior Olympic National Tournament!!**

- |  |   |
|--|---|
| 12 Asics 9th place (American Division)                               | 13 Asics 13th place (National Division)                                     |
| 14 Molten 13th place (American Division)                             | <a href="#"><u>14 Asics 1st Place Gold Medal (Open Division)</u></a>        |
| 15 Advantage 17th place (American Division)                          | <a href="#"><u>15 Molten 2nd Place Silver Medal (American Division)</u></a> |
| <a href="#"><u>15 Asics 1st Place Gold Medal (Open Division)</u></a> | 16 Molten 17th Place (Open Division)  |
| 16 Asics 10th Place (Open Division)                                  | 17 Molten 9th Place (National Division)                                     |
| 17 Asics 18th Place (Open Division)                                  | <a href="#"><u>18 Molten 3rd Place Bronze Medal (National Division)</u></a> |
|  | 18 Asics 9th Place (Open Division)  |

**JO All Tournament Members**

**Congratulations to the All-Tournament Players and the players who helped them be All-Tournament!!**  
18 National Division—Dana Hilzendager, Sally Downs and Whitney Walls  
15 Open Division—Sutton Sunstrum (MVP), Caitlin Nolan and Shelby Sullivan  
15 American Division—Ivy Baresh, Kayden Cook and Bailey Springer  
Unofficial TAV 14 Open Division—Mallorie Puckett, Cassidy Pickrell and Ebony Nwanebu (MVP)

**TAV Tentative Coaching Staff for 2010**

- |                          |                          |   |
|--------------------------|--------------------------|---|
| 12 Asics—Kathy Stanfield | 15 Asics—Jason Nicholson | 17 Asics—Ping Cao                       |
| 13 Asics—Ami Sariego     | 15 Molten—Courtney Head  | 17 Molten—Cerina Pele                   |
| 13 Molten—Larry Smith    | 16 Asics—LJ Sariego      | 18 Asics—John Sample                    |
| 14 Asics—TBD             | 16 Molten—Amanda Martin  | 18 Molten—Arthur Stanfield or Ben Kubik |
| 14 Molten—Claire Rose    |                          |   |

**4th thru 7th - Jump Start 2009 - 8th graders**

**Dates:** September 6, 13, 20, 27 and October 4, 18, 25 Times: 1:30-3 for 4<sup>th</sup>-7<sup>th</sup> graders 3-5pm for 8<sup>th</sup> graders  
**Costs:** If you want to pay week to week, the cost is \$40/session for 4<sup>th</sup>-7<sup>th</sup> and \$50/session for 8<sup>th</sup>  
**Discounted Prices:** Discounted rate for purchasing all 4 September sessions for \$145 for 4<sup>th</sup>-7<sup>th</sup>/ \$175 for 8<sup>th</sup>  
All 3 October sessions for \$110 for 4<sup>th</sup>-7<sup>th</sup>/ \$125 for 8<sup>th</sup>  
Discounted rate for purchasing all 7 sessions for \$240 for 4<sup>th</sup>-7<sup>th</sup>/ \$275 for 8<sup>th</sup>  
Watch the website [www.ascvb.com](http://www.ascvb.com) for registration instructions or email [LSariego@ascvb.com](mailto:LSariego@ascvb.com)

**NTRegion Announces Tryout Dates**

**Tryout dates for the North Texas Region have been announced as the following:**  
10/31 start of 12's and 13's      11/7 start of 14's and 15's      11/14 start of 16's thru 18's  
Check our TAV website for TAV tryout dates and times. We look forward to seeing each of you at tryouts!

**What Surprises does TAV have in Store for 2010?!**

We continue to look for ways to improve our club. This year we reached a new level not only with two National Championships, but also with 4 medals, 8 top 10 finishes, two more finishes in top 12, a record number of tournaments won during the 2009 year, a record number of players committing to play in college (32) and a record number of college coaches visiting our facility. (321). For a look at our next step, please see next page!!!!!!

### [Welcome Ping Cao to TAV](#)

If you are looking for a way to improve your program, how about hiring one of the best technical trainers in the United States. We would like to welcome Ping Cao to our TAV family. Ping has spent the last 10 years training Sports Performance Elite Teams winning multiple National Championships and training hundreds of D1 players including multiple All-Americans. Ping began his career in the Republic of China, playing on the Chinese National Team while being named the “best hitter in the world”. His coaching stints also include coaching the Republic of China National Team, assisting Ari Sellinger on the USPL top team, college camps and clinics as well as junior volleyball. Ping is considered one of the premier trainers in the United States and will be offering clinics and private lessons along with his TAV coaching duties. Please say hello to Ping when you see him in the gym and welcome him to what we consider the number one club in the US! Call John Sample 214-202-8446 to schedule lessons with Ping!

### [Welcome Robert Brown to TAV](#)

We are pleased to announce Robert Brown as an addition to the TAV facility. Robert brings a wealth of knowledge and select training to all levels of athletes. His training techniques are used by USAV and endorsed by a host of performance trainers. Robert will be moving into the TAV facility in September and begin working with athletes as soon as he gets settled in. Robert will be available each evening at TAV during practice sessions. We are excited to partner with Robert, please make him feel like part of the TAV family.

### [Private Lessons](#)

Now is the time to get those last minute tune ups to get ready for school. We have a large staff of qualified and dedicated coaches ready to work with you in preparation for your school season and this fall’s tryouts. Make sure you stay tuned up on all your skill sets! Lessons are available from LJ Sario, John Sample, Jason Nicholson, Amanda Martin, Whitney Sample, Tracy Gentry, Ami Sario, Larry Smith, JP Gomez, Kristi Hopkins, Denise Warren, and our newest addition Ping Cao. If you are having any trouble scheduling please call John Sample at 214-202-8446 or [jsample@ascvb.com](mailto:jsample@ascvb.com) to schedule lessons with the appropriate coach.

### [Video Skills Taping](#)

We will be resuming the video taping in Sept. Please sign up by emailing [jsample@ascvb.com](mailto:jsample@ascvb.com). The cost of the taping and videos is \$165 and includes taping, editing, rendering and producing 10 complete original videos. Guaranteed to be the dvd that college coaches want to see.

### [Coaches Training](#)

Our first coaches training session will be Thursday, August 20th. The training will be  
Divided into 6 sessions prior to the start of our tryouts.  
Time: 6:30 to 8:00  
Trainers: LJ Sario and Ping Cao

### [\\$10 per session Fall Clinics-no pre-registration but med. release required](#)

9/14	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
9/16	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
9/21	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
9/23	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
9/28	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
9/30	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
10/5	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
10/7	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
10/12	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
10/14	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
10/19	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30
10/21	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
10/26	Outside Hitting 6:30-8/ Setting, Ball Control, Middle Blocking 8-9:30
10/28	Setting, Ball Control, Middle Blocking 6:30-8/ Outside Hitting 8-9:30