

Diagrams assume coach is using a S1, L1, M1 player triangle. S1 is circled for easier reference to position locations. The squares in RED at top are the spots on the court where the players are in rotation. The column beneath each of those squares has a corresponding receive rotation option.

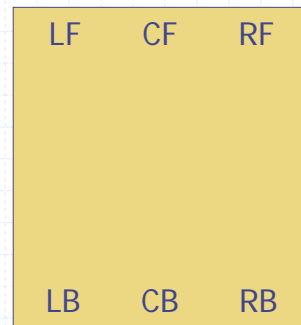
S1 & S2 can have substitutes for front row. DS positions aren't labeled but obviously they can be inserted for any player.

These are guides to help you be creative with patterns that work with your team makeup.

Just remember these alignment rules ...

## PROPER ALIGNMENT

PLAYER	MUST BE ALIGNED WITH
RB	RF, CB
RF	CF, RB
CF	CB, LF, RF
LF	LB, CF
LB	LF, CB
CB	CF, LB, RB



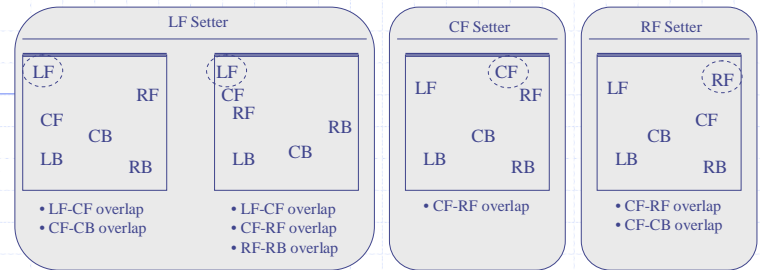
## Typical Serve Receive Patterns

### FRONT ROW SETTER

USED IN:

- 4-2 Offense
- 5-1 Offense

WATCH FOR:



### BACK ROW SETTER

USED IN:

- 5-1 Offense
- 6-2 Offense

WATCH FOR:

